

Market Predictions

**Color Codes**

**Red- Going Up**

**Blue-Steady**

**Green- Going Down**

| Lettuces | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| Iceberg | 24ct | 50 |  |
| Romaine Heart | 36ct 12 bags | 40 |  |
| Romaine | 24ct | 39 |  |
| Spring Mix | 4lb | 12 |  |
| Baby Spinach | 4lb | 14 |  |
| Popeye Spinach | 12lb | 23 |  |

| Herbs | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| Mint | 12ct | 18 |  |
| Basil | 1lb | 8 |  |
| Cilantro | 60ct | 31 |  |
| Curly Parsley | 30ct | 30 |  |
| Scallions | 48ct | 32 |  |
| Plain Parsley | 30ct | 33 |  |
| Rosemary | 1lb | 12 |  |
| Thyme | 1lb | 12 |  |
| Sage | 1lb | 12 |  |

| Tomatoes | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| 5\*6 | 25lb | 41 |  |
| Plum Tomatoes | 25lb | 38 |  |
| Grape Tomatoes | 12pt | 29 |  |
| Cherry Tomatoes | 12pt | 31 |  |

| Potatoes | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| 90ct | 50lb | 34 |  |
| 70ct russet | 50lb | 35 |  |
| Chef Potato | 50lb | 19 |  |
| Red (A) Potato | 50lb | 24 |  |
| Red (B) Potato | 50lb | 34 |  |

| Mushrooms | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| Whole/Sliced | 10lb | 21 |  |
| Portabella | 5lb | 14 |  |
| Shiitake | 3lb | 19 |  |
| Oyster | 5lb | 31 |  |
| Large mushroom | 10lb | 22 |  |

| Vegetables | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| Cut carrot | 50lb | 27 |  |
| Euro Cucumbers | 12ct | 22 |  |
| Celery | 24ct | 33 |  |
| Broccoli Floret | 12lb | 35 |  |
| Red Onion | 25lb | 26 |  |
| Spanish Onion | 50lb | 30 |  |
| Red Pepper | 25lb | 37 |  |
| Jalapeno | 30lb | 37 |  |
| Golden beet | 25lb | 21 |  |
| Green bean snipped | 10lb | 31 |  |
| Summer squash | 20lb | 17 |  |
| Zucchini | 18 | 21 |  |
| Peeled garlic | 22 | 30 |  |
| Peeled shallots | 24 | 26 |  |

| Fruit | Quantity | Estimated Price | Market Trend |
| --- | --- | --- | --- |
| Oranges | 56ct | 38 |  |
| Bushel lime | 200ct | 29 |  |
| Lemons | 115ct | 37 |  |
| Strawberries | 8pint | 27 |  |
| Pineapples | 6ct | 14 |  |
| Avocado | 60ct | 50 |  |
| Red apples | 80ct | 44 |  |
| Granny smith | 80ct | 61 |  |
| Green pears | 90ct | 51 |  |